Republic of the Philippines
Department of Education
REGION VI – WESTERN VISAYAS
SCHOOLS DIVISION OF AKLAN

October 26, 2021

DIVISION MEMORANDUM
No. 448 **, s. 2021**

CORRIGENDUM TO OUA MEMO 00-1021-0058 RE: INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY

To: **OIC Office of the Assistant Schools Division Superintendent**
Chief Education Supervisors
Education Program Supervisors
Public Schools District Supervisor of Nabas District
School Head of Laserna Integrated School
All others concerned

1. Please find attached OUA MEMORANDUM 00-1021-0216 dated 25 October 2021 titled "Corrigendum to OUA Memo 00-1021-0058 Re: Invitation for Teachers of Selected Schools to Participate in the Mental Health and Psychosocial Support (MHPSS) Preparation for the Implementation of Limited Face-to-Face Learning Modality".

2. Immediate dissemination of this Memorandum is desired.

MIGUEL MAC D. APOSIN EdD, CESO V
Schools Division Superintendent

CIU

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Republika ng Pilipinas

Kagawaran ng Edukasyon

Tanggapan ng Pangalawang Kalihim

OUA MEMO 00-1021-0216
MEMORANDUM
25 October 2021

For: **Regional Directors**
(Regions I, III, IV-A, V, VI, VII, VIII, IX, X, XI, XII, and XIII)

Schools Divisions Superintendents Concerned
Regional and Division DRRM Coordinators Concerned
School Heads Concerned

Subject: **CORRIGENDUM TO OUA MEMO 00-1021-0058 RE: INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY**

This refers to the Office of the Undersecretary for Administration (OUA) Memorandum No. 00-1021-0058 titled *Invitation for Teachers of Selected Schools to Participate in the Mental Health and Psychosocial Support (MHPSS) Preparation for the Implementation of Limited Face-to-Face Learning Modality*. Kindly note that there have been changes in the training modality and list of participants for the capacity building sessions. Please refer to **Annex A** for more details.

The following are additional guidelines on the abovementioned activity:

1. Participants must register in the links provided. Teachers who will participate in the learning sessions must have a designated substitute to ensure continuous conduct of classes.

2. All schools must be represented in the MHPSS Learning Sessions. **Annex B** contains the list of identified schools participating in the pilot implementation of limited face-to-face learning modality commencing on 15 November 2021.

3. In line with the MHPSS preparations for pilot implementation of limited face-to-face learning modality, the following are requested to join the private Facebook group at https://bit.ly/MHPSSpilotF2F :

a. All Teachers (Kinder, Grades 1-3, SHS Only)
b. School DRRM Coordinators
c. Personnel in charge of school clinics
d. Guidance Counselors
e. Advocates/Teachers
f. School Heads from the select schools for the pilot implementation
g. Regional and Division DRRM Coordinators

4. The said Facebook group shall serve as the main communication channel for MHPSS capacity building efforts for the pilot implementation. Only requests with complete answers to the screening questions for the Facebook group will be accepted.

For more information, questions and concerns on this subject, kindly contact the Disaster Risk Reduction and Management Service (DRRMS) through email at drrmo+mhpss@deped.gov.ph .

For information and guidance.

ALAIN DEL B. PASCUA
Undersecretary

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Annex A

Changes in Training Modality and New List of Participants for MHPSS Learning Sessions

Date and Time	Activities	Previous List of Target Participants	New List of Target Participants	Platform	Registration Link
03 November 2021 (8:00 a.m.– 3:00 p.m.)	Learning Session on Psychological First Aid and Discussion on School Referral System	• Teachers • School Health Personnel • Guidance Counselors • Advocates • School DRRM Coordinators • School Heads	**Any two (2) Representatives from the School chosen by School Head who will be designated to provide PFA**	Synchronous via Zoom	https://bit.ly/F2FMHPSSTrainingDay1
04 November 2021	Learning Session on Whole-of-School Approach on Mental Health and the Conduct of Safe Psychosocial Support Activities	• Teachers • School Health Personnel • Guidance Counselors • Advocates • School DRRM Coordinators • School Heads	**Open to all in the Facebook Group**	Asynchronous via post on Facebook Group; Materials will be posted at 10:00 a.m.	*No registration is required, instructions will be provided through the post
05 and 08 November 2021 (8:00-11:30 a.m.)	Learning Session on Conducting Psychosocial Support Activities in the Classroom	Teachers	**Kinder, Grades 1-3, and SHS Teachers**	Synchronous via limited Facebook Live	https://bit.ly/F2FMHPSSTrainingDay3
09 November 2021 8:00 a.m.– 12:00 noon)	Orientation on the Psychosocial Activity Pack	Teachers	**Kinder, Grades 1-3, and SHS Teachers**	Synchronous via limited Facebook Live	https://bit.ly/PSActivityPackOrientation

Important Reminders:

1. The meeting link information will only be provided to registered participants.
2. Previously registered participants must register again, given that the link has been reset.

Annex B

List of Participating Schools for the Pilot Implementation of Limited Face-to-Face Learning Modality

Region	School Name	School ID	Municipality	Province
I	Longos ES	107998	City of Alaminos	Pangasinan
	Alao-ao ES	100044	Bangui	Ilocos Norte
	Padaggan ES	100054	Bangui	
	Bicbica PS	100236	Pinili	
	Buanga ES	100237	Pinili	
	Godogod ES	100143	Pinili	
	Dumalneg ES	100050	Dumalneg	
	Dumalneg NHS	300017	Dumalneg	
	San Isidro ES	150011	Marcos	
	Cacafean ES	100055	Marcos	
III	San Marcelino NHS	301030	San Marcelino	Zambales
	Burgos ES	160523	Botolan	
	Owaog-Nebloc ES	101788	Botolan	
	Moraza ES	281505	Botolan	
	Belbel ES	281504	Botolan	
	Maguisguis IS	500479	Botolan	
	Nacolcol IS	501223	Botolan	
	Palis IS	281503	Botolan	
	Baliwet ES	106943	San Marcelino	
	Banawen ES	160520	San Felipe	
IV-A	Lagmak ES	108709	General Nakar	Quezon
	Lumutan ES	108711	General Nakar	
	Dinigman ES	108707	General Nakar	
	Pablo D. Maningas NHS	301315	Quezon	
	Tamulaya ES	109050	Polilo	
V	Sinalongan ES	113711	Masbate City	Masbate
	Gutusan ES	231501	Masbate City	
	Mary B. Perpetua NHS	309908	Milagros	
VI	Mayabay ES	178516	Barbaza	Antique
	Igsoro ES	114990	Bugasong	
	Laserna IS	501182	Nabas	Aklan
VII	Basak ES	119604	Samboan	Cebu
	Mahanlud ES	119444	Malabuyoc	
	Cabagdalan ES	119021	Balamban	
	Luyongbaybay ES	187017	Bantayan	
	Cañang-Marcelo Luna NHS	312426	Oslob	
	Busay NHS	302926	Moalboal	
	Pilar NHS	303073	Pilar	
	Slocon ES	119113	Bogo City	
VIII	Palo I CS	121743	Palo	Leyte
	Bato CS	121061	Bato	
	Dolho ES	121064	Bato	
	Dawo IS	500674	Calbayog City	Western Samar
	Macatingog IS	500239	Calbayog City	
	Mawacat ES	124068	Calbayog City	
	Pilar National Agricultural HS	303648	Calbayog City	
	Motiong CES	123642	Motiong	

	San Sebastian CES	123721	San Sebastian	Samar (Western)
	Clarencio Calagos Memorial School of Fisheries	303599	Santa Margarita	
IX	Siloh ES	125839	Siay	Zamboanga Sibugay
	San Vicente ES	125777	Payao	Zamboanga Sibugay
	Manga NHS	303904	Pagadian City (Capital)	Zamboanga del Sur
	Manga ES	126065	Pagadian City (Capital)	
	Lala ES	126073	Pagadian City (Capital)	Zamboanga del Sur
	Sominot NHS	303817	Sominot (Don Mariano Marcos)	
	Tabina ES	125415	Tabina	
	Guipos NHS	303778	Guipos	
X	Dalama CES	126977	Baroy	Lanao del Norte
	Babalaya ES	126938	Bacolod	
	Napo ES	127096	Linamon	
	Masibay IS	501600	Nunungan	
	Tambacon IS	500431	Magsaysay	
	Marcela T. Mabanta NHS	304011	Kauswagan	
XI	Tacub ES	128919	Kiblawan	Davao del Sur
	Clib PS	205018	Hagonoy	
	Nodilla ES	128912	Kiblawan	
	Zosimo S. Magdadadro NHS	305510	Kiblawan	
	Parasan IS	128550	Pantukan	Compostela Valley
	Lower Panansalan ES (Jacinto Extension)	204008	Compostela	
	Maugat Elementary School	204021	Compostela	
	Digaynon IS (Manurigao Extension)	204021	Compostela	
XII	Paco NHS	304668	City of Kidapawan	North Cotabato
	Bato ES	130108	Makilala	
	Nelmida Elementary School	131411	Koronadal City	South Cotabato
	Ned National High School	304551	Lake Sebu	
	Aspang High School	304641	Lake Sebu	
XIII	Sapao NHS (JHS w/ SHS)	304785	Santa Monica (Sapao)	Surigao del Norte
	Nonoc NHS	304804	Surigao City (Capital)	
	San Jose ES	132259	Surigao City (Capital)	
	Cawilan NHS	317810	Tagana-an	
	Lakandula NHS	304838	Placer	
	Lasicam-Perral NHS	317804	Gigaquit	
	Balite NHS	304814	San Francisco (Anao-Aon)	
	Alegria Stand Alone SHS	340416	Alegria	
	Capalayan NHS	304802	Surigao City (Capital)	
	Sugbay ES	132260	Surigao City (Capital)	
	Anajawan ES	132145	General Luna	
	Dao PS	132151	General Luna	
	Mabuhay ES	132189	Pilar	
	Cabawa ES	132124	Dapa	

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KAGAWARAN NG EDUKASYON

Republika ng Pilipinas

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Tanggapan ng Pangalawang Kalihim

OUA MEMO 00-1021-0058
MEMORANDUM
05 October 2021

For: **Regional Directors** (Regions V, VI, VII, IX, X, XII)

Schools Divisions Superintendents Concerned
(Masbate City, Masbate Province, Aklan, Antique, Bogo City, Cebu Province, Zamboanga City, Pagadian City, Zamboanga del Sur, Zamboanga Sibugay, Lanao del Norte, Cotabato, Kidapawan City, Sarangani)

Regional and Division DRRM Coordinators Concerned
School Heads Concerned

Subject: **INVITATION FOR TEACHERS OF SELECTED SCHOOLS TO PARTICIPATE IN THE MENTAL HEALTH PSYCHOSOCIAL SUPPORT (MHPSS) PREPARATION FOR THE IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY**

In line with the Joint Memorandum Circular of the Department of Education (DepEd) and Department of Health (DOH) for the pilot implementation of face-to-face learning modality, the DepEd Disaster Risk Reduction and Management Service (DRRMS) will be conducting a series of **capacity building sessions** for teaching and non-teaching personnel on Psychological First Aid (PFA) and Psychosocial Support (PSS) in the classroom. Additionally, a **Psychosocial Activity Pack** will be developed for teachers to implement PSS activities during classes. These capacity building sessions are for personnel from the **identified 59 schools** (see Annex A) **for the pilot implementation of limited face-to-face learning modality**. Annex B contains the indicative schedule and registration details for the MHPSS preparation activities and specific target school personnel participants.

Before the trainings and orientation, and for a contextualized and collaborative personnel capacity building, the DRRMS will be conducting a **Focus**

Group Discussion (FGD) with teachers to consult and gather insights on classroom and learner experiences, and teachers' experiences in the conduct of psychosocial support.

Below are the target participants for the FGDs from the identified 59 schools:

School	Requested FGD Participants
Elementary School	2 teachers (either from Kinder to Grade 3 level)
Senior High School	2 teachers (one Grade 11 teacher and one Grade 12 teacher)

The participants for the FGD should meet the criteria indicated in Annex C, and shall be recommended by the school heads, for the approval of the division and regional office. Confirmation of attendance of the FGD participants should be done via the registration form in Annex B on or before **October 11, 2021, Monday**.

The initial schedule of the FGD is rescheduled from October 08, 2021 to **October 12, 2021, Tuesday**. See Annex D for the schedule and registration details of FGDs.

Attached is the concept note of the MHPSS for pilot implementation of the limited face-to-face learning modality.

For more information, questions/clarifications, please contact Ms. Amina Aisa Boncales through email at drrmo+mhpss@deped.gov.ph .

Thank you.

ALAIN DEL B. PASCUA
Undersecretary

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Annex A. List of Schools Identified for Pilot Implementation of Face-to-Face Learning Modality

	Region	Division	Municipality/City	School Name	School ID
1	Region V	SDO Masbate City	CITY OF MASBATE (Capital)	Asid Elementary School	113686
2	Region V	Masbate City	CITY OF MASBATE (Capital)	Sinalongan Elementary School	113711
3	Region V	Masbate city	CITY OF MASBATE (Capital)	Gutusan E/S	231501
4	Region V	SDO Masbate Province	MILAGROS	Mary Perpetua Brioso NHS	309908
5	Region VI	Aklan	NABAS	Laserna Integrated School	501182
6	Region VI	ANTIQUE	BARBAZA	MAYABAY PRIMARY SCHOOL	178516
7	Region VI	ANTIQUE	BUGASONG	IGSORO INTEGRATED SCHOOL	114990
8	Region VII	Bogo City	CITY OF BOGO	Odlot National High School	302937
9	Region VII	City of Bogo	CITY OF BOGO	Don Potenciano Catarata MNHS	302933
10	Region VII	CITY OF BOGO	CITY OF BOGO	BARTOLOME C. PIAÑAR MEMORIAL NATIONAL HIGH SCHOC	312405
11	Region VII	DepEd Bogo City	CITY OF BOGO	SIOCON ELEMENTARY	119113
12	Region VII	City of Bogo	CITY OF BOGO	Combado Elementary School	119106
13	Region VII	Cebu Province	MALABUYOC	Mahanlud Elementary School	119444
14	Region VII	Cebu Province	BANTAYAN	Luyongbaybay Elementary School	187017
15	Region VII	Cebu Province	OSLOB	Cañang-Marcelo Luna National High School	312426
16	Region VII	Cebu Province	MOALBOAL	BUSAY NATIONAL HIGH SCHOOL	302926
17	Region VII	CEBU PROVINCE	PILAR	PILAR NATIONAL HIGH SCHOOL	303073
18	Region VII	CEBU PROVINCE	SAMBOAN	BASAK ELEMENTARY SCHOOL	119604
19	Region VII	CEBU PROVINCE	BALAMBAN	CABAGDALAN ELEMENTARY SCHOOL	119021
20	Region IX	ZAMBOANGA CITY	ZAMBOANGA CITY	SIBULAO NHS	303931
21	Region IX	Zamboanga City	ZAMBOANGA CITY	Manalipa Integrated School	501110
22	Region IX	Zamboanga City	ZAMBOANGA CITY	Landang Gua National High School	314803
23	Region IX	PAGADIAN CITY SDO	PAGADIAN CITY (Capital)	MANGA NATIONAL HIGH SCHOOL	303904
24	Region IX	Zamboanga del Sur	TABINA	Tabina Central Elementary School	125415
25	Region IX	Zamboanga del Sur	MOLAVE	PARASAN NHS	303816
26	Region IX	ZAMBOANGA DEL SUR	GUIPOS	GUIPOS NATIONAL HIGH SCHOOL	303778
27	Region IX	Zamboanga del sur	MOLAVE	Blancia Central School	125279
28	Region IX	Zamboanga del Sur	SOMINOT (DON MARIANO MARCOS)	Sominot National High School	303817
29	Region IX	Zamboanga Sibugay	SIAY	Siay Central Elementary School	125837
30	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Manga Elementary School	126065
31	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Lala National High School	303901
32	Region IX	Zamboanga del Sur	KUMALARANG	Kumalarang National High School	303784
33	Region IX	PAGADIAN CITY	PAGADIAN CITY (Capital)	LENIENZA ELEMENTARY SCHOOL	126064
34	Region IX	ZAMBOANGA SIBUGAY	SIAY	SILOH ELEMENTARY SCHOOL	125839
35	Region IX	Pagadian City	PAGADIAN CITY (Capital)	Lala Elementary School	126073
36	Region IX	Zamboanga Sibugay	SIAY	Sibuguey Elementary School	125838
37	Region IX	,Zamboanga city	ZAMBOANGA CITY	Cadalagan Elementary School	126136
38	Region IX	Zamboanga City	ZAMBOANGA CITY	Tolosa National High School	303937
39	Region IX	Zamboanga City Division	ZAMBOANGA CITY	PASILMANTA ELEMENTARY SCHOOL	126168
40	Region IX	Zamboanga City	ZAMBOANGA CITY	Landang Gua Elementary School	126159
41	Region IX	Zamboanga City Division	ZAMBOANGA CITY	PANGANAK ELEMENTARY SCHOOL	126167
42	Region IX	Zamboanga Sibugay	PAYAO	San Vicente Elementary School	125777
43	Region IX	ZAMBOANGA CITY	ZAMBOANGA CITY	SINUNUK ELEMENTARY SCHOOL	126174
44	Region IX	Zamboanga City	ZAMBOANGA CITY	Tumalutab Elementary School	126175
45	Region X	Lanao de Norte	MAGSAYSAY	Tambacon Integrated School	500431
46	Region X	LANAO DEL NORTE	KAUSWAGAN	MARCELA T. MABANTA NHS	304011
47	Region X	Lanao del Norte	BACOLOD	Babalaya Elementary School	126938

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48	Region X	Lanao del Norte	LINAMON	Napo Elementary School	127096
49	Region X	lanao del Norte	NUNUNGAN	Masibay Integrated School	501600
50	Region X	SDO Lanao del Norte	BAROY	Dalama CES	126977
51	Region XII	Cotabato	MAKILALA	Bato Elementary School	130108
52	Region XII	Sarangani	MALUNGON	Baliton Elementary School	130570
53	Region XII	KIDAPAWAN CITY	CITY OF KIDAPAWAN (Capital)	PACO NATIONAL HIGH SCHOOL	304668
54	Region XII	Sarangani	ALABEL (Capital)	Pag-asa Integrated School	500255
55	Region XII	Sarangani	MAITUM	Maguling National High School	304532
56	Region XII	Sarangani	KIAMBA	James L Chiongbian National Trade School	304529
57	Region XII	SARANGANI	MAASIM	COLON NATIONAL HIGH SCHOOL	304523
58	Region XII	Sarangani	MALUNGON	Lamlifew IP Integrated School	500715
59	Region XII	Sarangani	MALAPATAN	Daan Suyan Integrated School	500272

Note: Including schools not listed in the SRAT



Annex B. MHPSS Preparation Activities and Specific Target School Personnel Participants

Date	Activities	Type of Session	Link	Target Participants
October 12, 2021	Focus Group Discussion with Teachers	Focus Group Discussion	https://forms.gle/CZBntkw6bWkSXUC77	Identified Teachers (see Annex C for more details)
November 03, 2021	Training on Psychological First Aid and Discussion on School Referral System	Training	https://bit.ly/F2FMHPSSTrainingDay1	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
November 04, 2021	Training on Whole-of-School Approach on Mental Health and the Conduct of Safe Psychosocial Support Activities	Training	https://bit.ly/F2FMHPSSTrainingDay2	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
November 05 and 08,2021	Training on Conducting Psychosocial Support Activities in the Classroom	Training	https://bit.ly/F2FMHPSSTrainingDay3	Teachers
November 09, 2021	Orientation on the Psychosocial Activity Pack	Orientation	https://bit.ly/PSActivityPackOrientation	Teachers

All participants are enjoined to sign up through the registration links provided.

Annex C. Requirements of teacher participants for Focus Group Discussion (FGD) and More Information on the FGD

The group of representative teachers should be characterized as follows:

1. One (1) teacher each per grade level: Kinder, Grades 1-3, Grades 11-12;
2. Have experienced facilitating psychosocial support activities indicated in the DFTC Memorandum No. 98, s. 2020, or the "New Schedule and Additional Guidelines on the Conduct of Mental Health and Psychosocial Support Services for the Opening of Classes, School Year 2020-2021", specifically the "Teachers' Activity Guides for Remote Psychosocial Support through Play for Elementary Learners", and the "Online and Self-guided PFA Modules: Supplemental to the SEES Manual";
3. Have a good internet connection and can accommodate a half-day online discussion.

The objectives of the FGD are as follows:

- To discuss teachers' thoughts and perceptions regarding MHPSS (i.e., their knowledge of it, their experience on it, their access to it),
- To gather insights from teachers on their experience of the pandemic and the distance learning modality and their current condition in its implementation as well as their experiences and challenges with the learners
- To consult teachers on how to improve the delivery of MHPSS to learners in the current state (i.e., remote), and in the upcoming Implementation of Pilot Face-to-Face learning modality;
- To gather insight about their experience with the use of the Remote Psychosocial Support materials from 2020;
- To discuss the impact of the Remote Psychosocial Support materials to the learners based on their local and contextualized experiences.



Annex D. Detailed Schedule of FGD per School

Date	School
October 12, 2021 – Tuesday 8:00 AM – 12:00 PM	4 schools from Region V 3 schools from Region VI 12 schools from Region VII 6 schools from Region X Total no. of schools: 25
October 12, 2021 – Tuesday 1:00 PM – 5:00 PM	25 schools from Region IX 9 schools from Region XII Total no. of schools: 34

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REPUBLIC OF THE PHILIPPINES
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MENTAL HEALTH AND PSYCHOSOCIAL SUPPORT SERVICES (MHPSS) PREPARATION FOR THE PILOT IMPLEMENTATION OF LIMITED FACE-TO-FACE LEARNING MODALITY

Concept Note

INTRODUCTION

The Coronavirus Disease 2019 (COVID-19) pandemic crisis' effects are not limited to physical health-related concerns but are also significantly affecting the mental health and well-being of both adults and children worldwide. Such COVID-19-related mental health and psychosocial concerns include, but are not limited to, aggravation of stress, anxiety, and depressive symptoms, and increase in engagement on counterproductive coping due to the loss of social interaction and disrupted routines[1][2]. Such mental health and well-being concerns are expected to rise as this isolation and detachment from physical social life continues and prolongs.

The COVID-19 pandemic inevitably caused the closure of schools. While the education sector was quick to adapt to this circumstance and migrate to distance learning, the emotional distress brought by the pandemic remains. For almost a year, education was implemented through a distance learning modality. Throughout this period, learners and personnel did not have physical interactions with friends and teachers. All these concerns have to be considered in the school re-entry of the learners.

On September 27, 2021, the Department of Education (DepEd) together with the Department of Health (DOH) conducted a ceremonial signing of Joint Memorandum Circular No. 01, s. 2021, entitled *Operational Guidelines on the Pilot Implementation of Limited Face-to-face Learning Modality*, which includes guidelines on well-being and protection strategies and the provision of psychosocial support to the learners, teachers, and personnel. These psychosocial support measures generally include: 1) implementation of an inter-sectoral referral system/mechanism for MHPSS service provision (e.g., Psychological First Aid (PFA), grief counseling); 2) maintained, manned, and operational guidance office for the facilitation of MHPSS services; 3) facilitation of classroom-based psychosocial support activities to learners in the first few days of school; 4) mobilization of PFA-trained personnel as indeed; 5) promotion of "school-life balance"; and 6) encouragement of opportunities for bereaved learners or families to mourn safely through innovative platforms (e.g., online burol, telepsychology/counseling).

The Disaster Risk Reduction and Management Service (DRRMS), in collaboration with partners and other offices, as part of its response to the crisis needs of learners and personnel then seek

1. "Mental Health and COVID-19," *World Health Organization*, accessed September 27, 2021, https://bit.ly/2ZBKMd6.
2. "Framework for reopening schools," *UNICEF*, June 2020, https://www.unicef.org/documents/framework-for-reopening-schools

to capacitate teaching and non-teaching personnel involved in the MHPSS services (e.g., classroom-based activities and PFA for learners and personnel) of its conduct, facilitation, and provision. The capacity building will include lectures and discussions.

OBJECTIVES

The objectives of the provision of MHPSS services to learners and personnel following the guidelines for the pilot implementation of limited face-to-face learning modality are:

- To capacitate personnel in providing MHPSS (e.g., PFA, psychosocial activities) to learners and co-personnel in relation to the pilot reopening of classes;
- To ensure learning continuity by assisting learners in their healthy adjustment into the school community amid the pandemic and help address any mental health concerns that might arise in the adjustment process;
- To ensure the prioritization of learners' well-being in their reintegration into the school community;
- To empower schools in adapting the mental health referral system to address further MHPSS needs of learners and personnel

TARGET OUTPUTS

The expected outputs of this program are:

- All 59 pilot schools chosen are oriented on the provision of MHPSS (e.g., PFA) to learners and personnel
- Teaching and non-teaching representatives from the 59 schools are trained on the conduct of PFA and oriented on the DepEd referral system
- Teaching personnel from the 59 schools are trained in developing and facilitating psychosocial support activities for learners
- One (1) psychosocial support Activity Pack developed per key stage identified for pilot implementation of limited face-to-face learning modality (K, 1-3, SHS)

TARGET PARTICIPANTS

The target participants of the program include teaching and non-teaching personnel from the 59 identified schools for pilot implementation of limited face-to-face classes. This includes:

- Teachers
- School Health Personnel
- Guidance Counselors/Advocates
- School DRRM Coordinators
- School Heads

TIMELINE AND SCHEDULES

Prior to the training program, a Focus Group Discussion with teachers will be conducted. The output from this FGD shall be used in drafting and crafting the Psychosocial Support Activity pack which will be used by the teachers on the first five (5) days of class reopening. The training programs will be conducted online via Zoom or limited Facebook Live, and are divided into three specific parts. Each part of the training program will have its own schedule accordingly which will run from November 3-5, 2021 while the release of and orientation on the Psychosocial Support Activity Pack will be on November 8, 2021. Consultations with Subject Matter Experts (e.g., clinical psychologists, child/developmental psychologists, psychological assessment experts, etc.) will also be conducted pre and post-training.

Activity	Schedule	Target Participants
Pre-training: Focused Group Discussion with Teachers	October 12, 2021 (8:00 AM to 12:00 NN, 1:00 PM to 5:00 PM)	Teachers from identified pilot schools
Drafting, Review, and Finalization of Psychosocial Support Activity Pack	October 14 to 29, 2021	Expert Psychologists, Graphic Designer, DRRMS, BCD, BLD
Part 1: Training on Psychological First Aid Training and Discussion on School Referral System	November 03, 2021 (8:00 AM to 3:00 PM)	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
Part 2: **T**raining on Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities	November 04, 2021 (8:00 AM to 12:00 NN)	Teachers, School Health Personnel, Guidance Counselors/Advocates, School DRRM Coordinators, School Heads
Part 3. Training on Conducting Psychosocial Support Activities in the Classroom	November 05, 2021 and November 08, 2021 (8:00 to 11:30 AM)	Teachers
Post-training: Release and Orientation on Psychosocial Support Activity Pack	November 09, 2021 (8:00 AM to 12:00 NN)	Teachers

ACTIVITIES

Part 1. Training on Psychological First Aid and Discussion on School Referral System

This involves lectures and discussions on the effects of the COVID-19 pandemic on the mental health of children and adolescents, mental health and psychosocial support concepts, core principles and actions on the conduct and provision of PFA to learners and personnel in the context of the pandemic and school reopening, and the activities involved in the mental health support service referral system/mechanism. The purpose of this training is to ensure that teaching and non-teaching personnel have the capacity to mitigate the potential of mental health concerns to rise through PFA and manage these concerns through a collaborative MHPSS referral system with other social service institutions.

Part 2. Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities

This involves lectures and discussions on the whole-of-school approach in the implementation of mental health programs, as well as in safely facilitating psychosocial support activities within the classrooms and the school. The purpose of this training is to provide teaching and non-teaching personnel the basic foundational knowledge and skills in implementing their school mental health programs which include caring for the safety and well-being of both learners and personnel especially in the context of reopening of classes in the pandemic.

Part 3. Training on Conducting Psychosocial Support Activities in the Classroom

This involves discussion, demonstration, and actual activities on classroom and school-based psychosocial support that teachers can do and facilitate with learners as well as personnel. The purpose of this is to provide teachers a better understanding and grasp of the process of facilitating psychosocial support activities in the classroom as well as observing learners' psychosocial needs and concerns that require referral to higher-level psychosocial support.

Psychosocial Activity Pack

The Psychosocial Activity Pack contains at least 10 suggested activities for teachers to conduct during the 1-hour psychosocial support activity and COVID-19 preventive measures discussion period in the first 5 days of school and during interval periods between classes. A Psychosocial Activity Pack will be made for each Key Stage identified for pilot implementation of limited face-to-face learning modality (Kinder, Grades 1-3, SHS). Each activity will cover the following contents:

I. Summary Table

Objectives	Activity Title and Description	Rationale	Dimensions of Intervention
This will cover the specific objectives of the activity	This portion covers the activity title and a brief description of the activity.	This describes the rationale behind the activity. This is based on evidence from research.	This part covers the dimensions of intervention or developmental areas tapped during the conduct of the activity.
Example: For Learners to regain confidence with schoolmates and school spaces.	*Example:* *<u>Free Play</u>* *This activity encourages children to use their imagination and freedom of expression. Play has benefits for children in dealing with stress.*	*Example: Play is a key component of childhood development and can support coping capabilities (Capurso and Ragni, 2016; Gray, 2015)*	*Example: Social, Emotional, Creative*

II. Materials Needed
III. Duration
IV. Activity Instructions
V. Processing Questions
VI. Feedback Tool

The last few pages of the Psychosocial Activity Pack will cover summary points from the discussion of PSS in the Classroom. This will allow teachers and school personnel to have a quick reference on how to sustain the conduct of psychosocial activities beyond the suggested activities in the pack. On the very last page of the Psychosocial Activity Pack, a prompt will be provided for teachers to answer an online journal. This online journal covers the reflections and observations of the teachers in conducting the activities. Their insights and feedback will help improve the Psychosocial Activity Pack implementation for the full conduct of face-to-face classes.

After the development of the Psychosocial Activity Pack, an orientation will be provided to the teachers.

INDICATIVE PROGRAM

November 03, 2021 **Training on Psychological First Aid and Discussion on School Referral System**			
Time	**Segment**	**Activities**	**Target Resource Person**
8:00 - 8:15 AM	Preliminaries	● Admission of Participants ● Pretest ● House Rules ● Prayer and National Anthem ● Opening Remarks ● Agenda of the Training ● Introduction of Organizers and Speakers	DRRMS
8:15 - 8:45 AM	The effects of COVID-19 on the Mental Health of Children and Adolescents	Lectures and discussions on: ● The effects of COVID-19 on the Mental Health of Children and Adolescents	Psychologist (External Resource Person c/o DRRMS)
8:45 - 9:30 AM	Mental Health and Psychosocial Support, and Psychological First Aid (PFA)	Lectures and discussions on: ● Basic MHPSS Concepts ● Core Ideas and Action Principles of PFA ● Conduct and Provision of PFA	Psychologist (External Resource Person c/o DRRMS)
9:30 - 9:40 AM	Health Break		
9:40 - 10:30 AM	PFA for Children and Adolescents	Lectures and discussions on: ● PFA for Children and Adolescents	Psychologist (External Resource Person c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:30 AM	MHPSS Service School Referral System	● Lectures and discussions on the basic referral system for school-based MHPSS services	BCD
11:30 AM – 12:00 Noon	Open Forum		
12:00 Noon - 1:00 PM	Lunch Break		

1:00 - 2:30 PM	Simulation of PFA to Personnel and Learners	● Simulation for the conduct and provision of PFA to personnel and learners	DRRMS and Psychologists (External Resource Persons)
2:30 - 2:45 PM	Forum	● Question and answer	Psychologists (External Resource Persons c/o DRRMS)
2:45 - 3:00 PM	Closing	● Reminders ● Post Test ● Closing Remarks	DRRMS

November 04, 2021
Training on the Whole-of-School Approach on Mental Health and The Conduct of Safe Psychosocial Support Activities

Time	Segment	Activities	Target Resource Person
8:00 - 8:15 AM	Preliminaries	● Admission of Participants ● Pretest ● House Rules ● Agenda of the Training ● Introduction of Speakers	DRRMS
8:15 - 9:15 AM	The Approach to a Comprehensive and Inter-sectoral School Mental Health Program	● Lecture and discussion on the Whole-of-School Approach in Mental Health Program	Psychologist (External Resource Person c/o DRRMS)
9:15 - 9:45 AM	Open Forum		
9:45 - 10:00 AM	Health Break		
10:00 - 10:45 AM	Psychosocial Support for DepEd Personnel	● DRRM and partner offices to orient personnel on available psychosocial supports within the Department	BHROD, SEP, SHD, DRRMS
10:45 - 11:45 AM	Keeping ourselves Safe from COVID-19	● Lecture and discussion on COVID-19 health and safety protocols ● How to conduct activities while adhering to COVID-19 safety protocols ● Learners' Guide on Step-by-	SHD

		Step Daily Routine for Limited Face-to-Face Classes	DRRMS
11:45 AM – 1 2:00 Noon	Closing	● Reminders ● Post Test ● Closing Remarks	DRRMS

November 05, 2021 **Training on Conducting Psychosocial Support Activities in the Classroom**			
Time	**Segment**	**Activities**	**Target Resource Person**
8:00 - 8:15 AM	Preliminaries	● Admission of Participants ● Pretest ● House Rules ● Agenda of the Training ● Introduction of Speakers	DRRMS
8:15 - 8:30 AM	Icebreaker Activity	Discussion on the Activity Pack, its objectives, development, and usage	
8:30 - 10:30 AM	Psychosocial Support Activities in the Classroom	Lecture and discussion on the: ● Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker ● Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic ● Properly observing and assessing learners' more specialized needs for referral	Psychologist Group (External Resource Persons c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Synthesis	Summary points of the discussion	Psychologist Group (c/o DRRMS)
11:15 - 11:30 AM	Closing	● Reminders ● Post-test ● Remarks	DRRMS

November 08, 2021 **Continuation: Training on Conducting Psychosocial Support Activities in the Classroom**			
Time	**Segment**	**Activities**	**Target Resource Person**
8:00 - 8:15 AM	Preliminaries	● Admission of Participants ● Pretest ● House Rules ● Agenda of the Training ● Introduction of Speakers	DRRMS
8:15 - 8:30 AM	Icebreaker Activity	Discussion on the Activity Pack, its objectives, development, and usage	
8:30 - 10:30 AM	Continuation: Psychosocial Support Activities in the Classroom	Lecture and discussion on the: ● Facilitation of classroom-based psychosocial support activities to learners; this shall also be interactive, quick role-play or engaging examples can be used by the Resource Speaker ● Considerations in implementing PSS Activities in the Classroom during the COVID-19 pandemic ● Properly observing and assessing learners' more specialized needs for referral	Psychologist Group (External Resource Persons c/o DRRMS)
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Synthesis	Summary points of the discussion	Psychologist Group (c/o DRRMS)
11:15 - 11:30 AM	Closing	● Reminders ● Post-test ● Remarks	DRRMS

November 09, 2021 **Orientation on the Psychosocial Activity Pack**			
Time	**Segment**	**Activities**	**Target Resource Person**
8:00 - 8:30 AM	Preliminaries	● Prayer and National Anthem ● Opening Remarks by SLMB ● Agenda of the Training ● Introduction of Organizers and Speakers	DRRMS
8:30 - 9:15 AM	Introduction to the Activity Pack	Discussion on the Activity Pack, its objectives, development, and usage	Psychologist Group (c/o DRRMS)
9:15 - 10:30 AM	Activity Demonstration	Demonstration of a sample activity from the Activity Pack	
10:30 - 11:00 AM	Open Forum		
11:00 - 11:15 AM	Monitoring of Activity Pack	Discussion on how to monitor implementation of Activity Pack	Psychologist Group (c/o DRRMS)
11:15 - 11:45 AM	Synthesis and Final Reminders	Main points for the implementation of Activity Pack, reminders on how it can be sustained and monitored	
11:45 AM - 12:00 Noon	Closing Remarks		

MONITORING

For monitoring targeted outputs, the following shall be gathered from the program:

- List of Participants' Registration (complete with their basic information e.g. name, offices/region/division, designation)
- List of Training Attendees
- List of teachers who participated in the FGD
- Activity Report and/or Documentation

The monitoring of the implementation of the Psychosocial Activity Pack and PFA is proposed to be covered within the scope of the monitoring of the Pilot Implementation of Limited Face-to-Face Learning Modality.

EVALUATION

For evaluating the training program as well as participants' learning, the following forms/tools shall be used:

- ***Training Feedback Form.*** Evaluation tool which will gather information about the participants' overall satisfaction with the different aspects of the programs including the platform used and the technical aspects, topics discussed, knowledge and expertise of the resource speakers, engagement of the resource speakers and other participants, delivery of training, and overall experience.
- ***Lectures' Pretest and Post-Test.*** Administered tests which will assess the knowledge growth of the trainees on the different concepts discussed before and after the training program.